

CERTIFICATE IN SPORTS NUTRITION

Year 1

| Fall | | S.H. |
|-----------------------------|---|-------------|
| KSS 3710 | Physiology of Exercise | 4 |
| FNUT 3761 | Science of Nutrition in Exercise | 3 |
| Semester Hours | | 7 |
| Spring | | |
| FNUT 5801 | Nutrition Assessment for Fitness & Athletes Seminar | 3 |
| KSS 3760 | Strength Training and Conditioning | 3 |
| Semester Hours | | 6 |
| Summer | | |
| FNUT 5850 | Sports Nutrition Practicum | 2 |
| Semester Hours | | 2 |
| Total Semester Hours | | 15 |